

Raw Score to T-Score Conversion Table for the QuickDASH to PROMIS Physical Function Upper Extremity (v2.0)

QuickDash Raw Score	PROMIS T-Score	SD
11	60.5	6.5
12	54.9	5.0
13	51.8	4.6
14	49.4	4.1
15	47.4	3.7
16	45.8	3.3
17	44.4	3.1
18	43.2	2.9
19	42.1	2.8
20	41.1	2.7
21	40.1	2.6
22	39.2	2.5
23	38.4	2.5
24	37.6	2.4
25	36.8	2.4
26	36.0	2.4
27	35.3	2.3
28	34.6	2.3
29	33.9	2.3
30	33.2	2.3
31	32.5	2.3
32	31.8	2.3
33	31.1	2.3
34	30.5	2.3
35	29.8	2.3
36	29.1	2.3
37	28.4	2.3
38	27.8	2.3
39	27.1	2.3
40	26.4	2.3
41	25.7	2.4
42	24.9	2.4
43	24.2	2.4
44	23.4	2.5
45	22.5	2.6
46	21.7	2.7
47	20.7	2.8
48	19.7	2.9
49	18.7	3.1
50	17.5	3.2
51	16.2	3.4
52	14.9	3.7
53	13.3	4.0
54	11.7	4.3
55	9.8	4.7